



Guide your care with choices YOU make.



NEW Mobile App!

A SAMHSA and APA Initiative

SAMHSA
Substance Abuse and Mental Health
Services Administration

AMERICAN
PSYCHIATRIC
ASSOCIATION 



My Mental Health Crisis Plan
is a new app from SMI Adviser.

Individuals who have serious mental illness can use this app to help guide their treatment preferences during a mental health crisis.

MyMHCP allows individuals to:

- ✓ Clearly state treatment preferences
- ✓ Decide who can act on their behalf
- ✓ Share a crisis plan with doctors and other members of the care team

You can help someone create a crisis plan using the app. Download it now at:

SMIadviser.org/mymhcp

