



## Resources for Individuals and Families

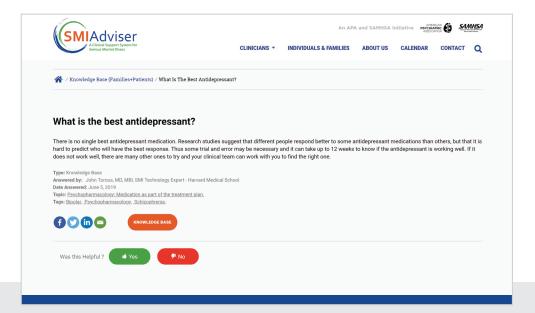
Our online Knowledge Base is completely FREE to use! It contains many answers to common questions about SMI.

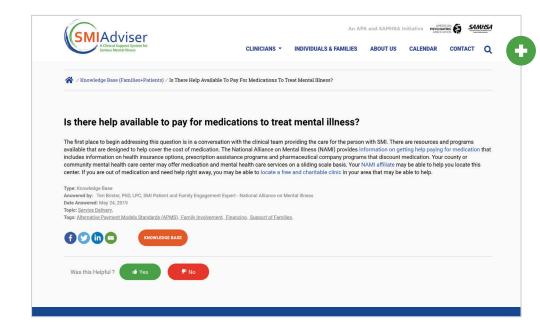
All of the content in Knowledge Base is reviewed by our team of national experts in SMI. This includes leaders from the National Alliance on Mental Illness (NAMI) and Mental Health America (MHA). We are proud to have both NAMI and MHA as active partners with us on this initiative.



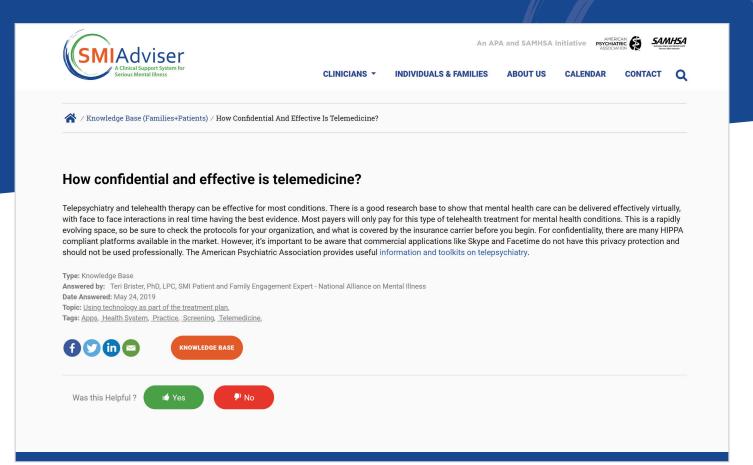


Find answers to questions about treatment options.





Find insights about recovery, self-care, and other supports you may need.





Find answers on smartphone apps, telehealth, chatbots and more.

## Browse questions and find answers across all of these topics related to SMI.

Assisted Outpatient Treatment

Bipolar Disorder

Clozapine as Part of the Treatment Plan

Co-Occurring Medical Conditions

Co-Occurring Substance Use Disorders

Collaborative Care/Integrated Care Models of Treatment

Family Involvement/Engagement in Treatment

Major Depressive Disorder

Manualized Psychotherapies

**Peer Specialists** 

People at High Risk of Developing SMI/Relapsing

from Symptoms of SMI

Psychopharmacology: Medication as Part of the Treatment Plan

PTSD

Schizophrenia

Self-Management of SMI Symptoms

Service Delivery

SMI in Special Populations

Suicide Prevention and Crisis Management

Using Technology as Part of the Treatment Plan

## Knowledge Base is Completely FREE! Visit SMIadviser.org and find answers.



## **GRANT STATEMENT**

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