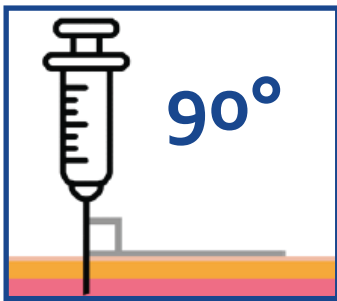
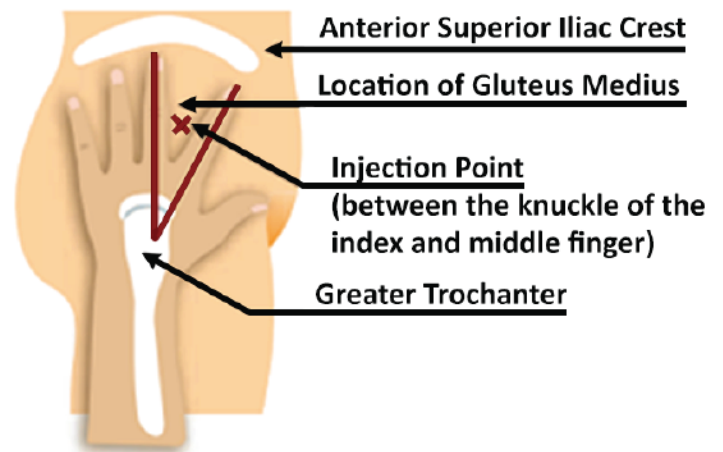
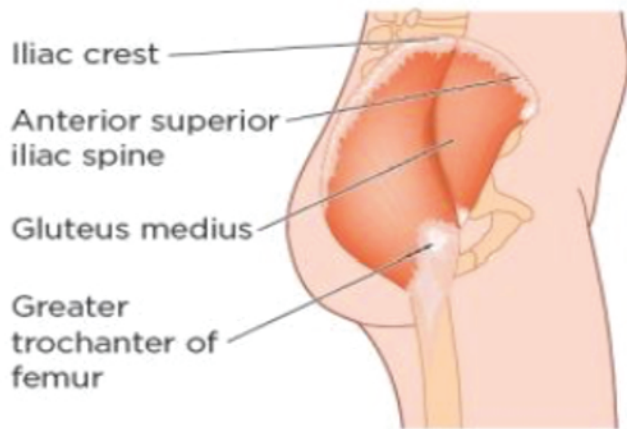


VENTRAL GLUTEAL (or VENTRO-GLUTEAL) INTRAMUSCULAR



Injection angle: 90°

Max volume recommended: 3mL

(some specific agents may be approved for up to 5mL)

Steps to find the injection site:

1. Find the greater trochanter (size of a golf ball) at the top of the femur
2. Find the anterior iliac crest
3. Place the palm of your hand over the greater trochanter
4. Point index finger toward the anterior iliac crest
5. Point middle finger straight up (making a "V" shape with index finger)
6. Use thumb to stabilize, pointing forward
7. Give the injection in the "V," into the gluteus medius muscle

GRANT STATEMENT

Funding for SMI Adviser was made possible by Grant No. SM080818 from SAMHSA of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, SAMHSA/HHS or the U.S. Government.