

Items for each Individual and Group Sessions

- **Individual Session #1-2**
 - No items required except for handouts
- **Individual Session #3**
 - Food Models, plates (small, medium, large), bowls (medium, large), cups (small, medium, large), teaspoon and tablespoon
- **Individual Session #4**
 - No items required except for handouts
- **Group 1 (I/G1)**
 - Participants' Notebooks
- **Group 2**
 - Participants' Notebooks
 - Deck of cards
 - Hockey puck
 - Computer Mouse
 - CD
 - Measuring cup
 - Medium sized plate
- **Group 3**
 - Participants' Notebooks
 - Bottled water
- **Group 4**
 - Participants' Notebooks
 - Medium size of potato chips (Lays)
 - Can of Pepsi
 - Snickers bar
 - Small Doritos
 - Small Cheetos
 - Chips Ahoy cookies
- **Group 5**
 - Participants' Notebooks
- **Group 6**
 - Participants' Notebooks
 - 5 packs of Ramen Noodles
- **Group 7-12**
 - Participants' Notebooks
- **Individual Session #5 (I5)**
 - No items required except for handouts

- **Individual Session #6 (I6)**
 - No items required except for handouts
- **Individual Session #7 (I7)**
 - No items required except for handouts
- **Individual Session #8 (I8)**
 - No items required except for handouts
- **Review Group 1**
 - Deck of cards
 - Computer mouse
 - Medium sized paper plate
- **Review Group 2**
 - Copies of Nutritional facts from common Fast Food restaurants
 - Participants' Notebooks
- **Review Group 3**
 - Participants' Notebooks
- **Review Group 4**
 - Certificates of Completion
 - Participants' Notebooks